

# AGENDA



## THURSDAY FEBRUARY 16, 2012

- 9:00 AM      **Keynote Performance:**  
**Voices of Men**  
**Ben Atherton-Zeman**  
This keynote/theater presentation will provide examples of sexism, victim-blaming, and myth busting around sexual and relationship violence from the perspective of an adult male ally and with special attention to engaging youth as victims of crime and bystanders.
- 10:30 AM      **Break**
- 10:45 AM      **Workshop Session I**  
For workshop descriptions, see page 3.
- 12:15 PM      **Lunch**
- 1:15 PM      **Workshop Session II**  
For workshop descriptions, see page 4.
- 3:00 PM      **Keynote Address:**  
**Encouraging Activism: Girls' Voices and the Power to SPARK Change**  
**Dr. Lyn Brown**  
Critically examining popular ad campaigns and describing marketing strategies, Dr. Brown explores the cooptation of girl power and the sexualization of girls in media. She discusses the importance of engaging girls in creative forceful reactions to such media messages and addresses the need to scaffold girls' activism. She illustrates how girls involved in the SPARK (Sexualization Protest: Action, Resistance, Knowledge) movement, with the support of growing coalition of progressive youth serving organizations, are generating alternative forms of media and coordinating actions online and on the ground to create enabling conditions for girls' rights to healthy sexuality.
- 4:30 PM      **Closing**



# AGENDA

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## FRIDAY FEBRUARY 17, 2012

- 9:00 AM      **Keynote Performance**  
**Unusual Suspects**  
Unusual Suspects will present 45 minutes of performances during the morning session including presentations from current and past programs presented by youth, teaching artists and US staff. Selections include:
- Scenes from Fremont High School's original play *The Unknown Protector*, performed by Fremont youth participants
  - Songs from *The Unknown Protector*, performed by Fremont youth participants
  - Scenes and songs from San Fernando High School's original play *Chasing Dreams and Casting Shadows*, performed by SFHS youth participants.
  - Professional actors/Teaching Artists perform a scene from *The Lost Son*, an original play written by probation youth at Camp David Gonzales spring 2011 program
  - Interactive Improvisation performed by youth and artistic staff. Audience involvement is encouraged!
- 10:30 AM      **Break**
- 10:45 AM      **Workshop Session III**  
For workshop descriptions, see page 5.
- 12:15 PM      **Lunchtime Address**  
**Start Strong Evaluation Data Highlights**
- 1:15 PM      **Workshop Session IV**  
For workshop descriptions, see page 6.
- 2:45 PM      **Call To Action:**  
**Listen and Empower—Youth and Adult Ally Convening**  
Youth present their call to action plan developed earlier in the day and present their movement videos/campaign. Adult allies engage in active listening and pledging support for the youth plans and call to action.  
Coordinated by Peace Over Violence Youth Leaders.
- 4:00 PM      **Closing**
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# **WORKSHOPS SESSION I**

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**THURSDAY FEBRUARY 16, 2012, 10:45AM**

## **Introduction to Teen Dating Violence Prevention Tools and Resources**

This workshop will provide an overview of teen dating violence prevention strategies. A perfect introductory session for school staff, parents, and other stakeholders that are new to the issue of teen relationship violence. Facilitators will discuss resources and tools for including dating violence prevention and healthy relationship promotion in to a wide variety of settings, such as schools, after-school programs, athletics, faith-based groups, parenting groups.

## **Working With and Empowering Young Women**

### **Introducing the Center for Young Women at Children’s Hospital of Los Angeles**

Participants will learn from Center for Young Women (CYW) staff and YWWT LI participants about the purpose and process of creating the health care video. The video will help train health care providers to better serve young women and will be used to educate young women about what they need to know before going to a health care appointment. The content of the video was formed by the 23 young women in the Leadership Institute, as well as the 70 other young women who participated in CYW focus groups in 2010 and 2011 asking them about their health care experiences and needs. The participants will put the video into the context of their 6 month leadership institute.

## **Youth-Adult Partnerships**

This training will focus on a youth development approach where youth and adults “partner-up” to achieve a common goal. By creating such partnerships, youth are positively supported and guided by caring adults to advance their decision-making capabilities. With lots of patience and the right mindset, the youth become more than clients/students in the process but allies and incredible assets.

## **Raise Your Voice and Use Your Power!**

### **Advocacy for Healthy Teen Relationships and Teen Dating Violence Prevention**

How do we promote environments where young people are supported in having safe and loving relationships? Education and awareness are critical for sure. And so is raising our voices and using our power to change systems and institutions through advocacy! Advocacy is a political process aimed at influencing public policy and resource allocation decisions within political, economic, and social systems and institutions. Advocacy can include media campaigns, public speaking, publishing research, and more. Policymakers and other civic leaders value meeting with constituents to hear their perspectives and experiences. When they hear directly from young people, they gain insights into young people’s experiences and solutions to address issues that are affecting them. Learn about how to raise your voice and use your power through advocacy, and practice the basics of sharing your message with policymakers (at a visit or a hearing) and reporters (through an interview). Your voice matters to your communities, and through advocacy, you can make them better places to live, learn and love!

# WORKSHOPS SESSION 2

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THURSDAY FEBRUARY 16, 2012, 1:15AM

## **Violence Prevention for Pregnant and Parenting Adolescents at Hope Street Family Center**

There are many inherent challenges for working with adolescent parents that include the risk of violence. Adolescents confront typical developmental tasks which involve social, emotional, and academic success. With the added stress of pregnancy and parenting, adolescents are at further risk for violence within the home and with their intimate partners. This workshop will describe an effective and comprehensive model of prevention and intervention.

## **Respectful Sexuality-Having Positive Conversations with Youth about Sex and Sexuality**

Most young people welcome guidance and information from those with more wisdom and experience than their peers regarding sexuality. Unfortunately, many adults are uncomfortable when speaking about this topic and without realizing it, shut the door on effective communication about sex. As a result, young people are left without the honest answers they need in order to build healthy relationships and a life of sexual health. In this workshop, participants will gain information, strategies and techniques for opening up communication with young people about sexuality.

## **Teen Dating Violence Policy Change: A Case Study of Los Angeles Unified School District**

This workshop will provide an overview of advocacy skills and strategies for making school policy changes at the campus and district level. An advocacy tool kit will be explained and discussed with the workshop participants. A case study of work with Los Angeles Unified School District will be presented and a facilitated discussion with participants will draw on the community and group experience in engaging with school systems for positive change, improving school environment, and changing social norms.

## **Parents as Relationship Role Models: Helping children build safe, respectful relationships**

This workshop will give parents tips on how to start the conversation with their children about safe, supportive relationships and how to avoid abusive ones. To kick off the discussion, participants will view a 15-minute film "Broken Harmonies," which shows how family dynamics impact the dating relationship of two eighth-graders. It was created by Start Strong Bronx's Teen Advisory Board in collaboration with Reel Works Teen Filmmaking.

## **Ladies and Gentlemen: Gender and Power Dynamics in Relationships**

This workshop will explore how traditional gender roles affect power dynamics in relationships. While gender roles in society continue to change over time, there are still unequal power dynamics that exist around masculinity and femininity which can have negative results in relationships. We will critically think about traditional gender roles and will explore elements of healthy and unhealthy relationships and discuss possible outcomes. We will watch a short film written by a teenager and produced by Scenarios USA called Bitter Memories, and work on creatively reimagining what takes place in the film.

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# WORKSHOPS SESSION 3

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FRIDAY FEBRUARY 17 2012, 10:45AM

## **Youth Track: Building a Multi-Media Campaign to Promote Healthy Relationships**

*Sessions 3 & 4*

This four hour workshop for young people will give them an overview of the multi-media tools that can be harnessed in social movement campaign building. Facilitators will also discuss the domestic violence and sexual violence movement, history, and various campaigns from the feminist movement, civil rights movement, and movement to end violence against women, highlighting the use of media and the opportunities to re-interpret campaign building given the digital, connected, social media age. Participants will then work in small groups to build a campaign tool, video, art piece that expresses their voice in the movement to promote healthy relationships and end dating and sexual violence. These products will then be shared with the entire conference audience in a listening and looking session at the end of the day.

## **Becoming an Adult Ally: How to Engage and Empower Youth Now**

If we really want to engage youth, what needs to be in place? Why the word ally and what does it mean to be one? In this workshop, participants will hear from young people what they need from adults and how best to design programs with strong youth participation.

## **Legal Remedies Available for Teen Survivors**

The aim of this workshop is to discuss the complexities involved in identifying and meeting the legal needs of teen dating abuse survivors. This workshop will provide an overview of the legal remedies available to teen survivors. Participants will engage in group discussions around how serving and supporting teens differs from serving an adult population. Through brain storming, issue-spotting, and role play, participants will learn how to use a multidisciplinary approach to more effectively address the legal needs of teen survivors of dating abuse.

## **Using Technology to Stop Abuse**

Providing an overview of Break the Cycle's newest tools to engage and empower young people to end dating abuse including our new Online Safety Planning Tool, our searchable resource database, interactive campaigns and the newly re-launched [loveisrespect.org](http://loveisrespect.org), the most comprehensive online destination for healthy relationships.

## **Organizing Young Men**

Facilitator will present five steps to engage young men in violence prevention activities, talk and discuss the role of young men ending relationship violence, sexual violence, and violence against women. Facilitator will share testimonies and success stories from male involvement, answer questions about engaging young men, and share lessons learned.

# WORKSHOPS SESSION 4

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FRIDAY FEBRUARY 17 2012, 1:15AM

## **Youth Track: Building a Multi-Media Campaign to Promote Healthy Relationships**

*Sessions 3 & 4*

This four hour workshop for young people will give them an overview of the multi-media tools that can be harnessed in social movement campaign building. Facilitators will also discuss the domestic violence and sexual violence movement, history, and various campaigns from the feminist movement, civil rights movement, and movement to end violence against women, highlighting the use of media and the opportunities to re-interpret campaign building given the digital, connected, social media age. Participants will then work in small groups to build a campaign tool, video, art piece that expresses their voice in the movement to promote healthy relationships and end dating and sexual violence. These products will then be shared with the entire conference audience in a listening and looking session at the end of the day.

## **Passport 2 Social Media: A Parent's Ticket to a Safe Digital World**

Most parents know that their teens are at risk for abuse in the fast-paced and often unsupervised world of digital communication and online social networks. However, few are able to work with their teens to identify and avoid digital abuse. In a 2009 study of 200 parents, "lack of Internet savvy," was the most frequently cited barrier to helping their teens avoid digital abuse (Peter Hart Research Associates). Passport 2 Social Media (P2SM) is Rhode Island's leader in empowering parents and caregivers to stop digital abuse. Since the beginning of the Start Strong initiative in 2009, P2SM has reached a total of 560 parents and caregivers. P2SM believes parents have the power to take control of digital spaces and encourage teens to choose healthy relationships online.

## **SPARKing Creative Reactions to Media Sexualization**

In this follow up to her keynote, Dr. Brown will present and discuss various ways to engage girls in media activism and provides tools and activities that adults can use to scaffold girls' social change work.

## **Using Theater to Empower and Heal Youth—Lessons from Unusual Suspects**

The Unusual Suspect's teaching artists and staff will conduct a 90-minute interactive theatre workshop which showcases various techniques and exercises used in our award-winning playwriting and performance programs for at-risk youth.

## **Teen Dating Violence in LGBTQ Relationships**

Intimate partner violence occurs in about 1 out of 3 relationships regardless of sexual orientation and gender identity. This session will examine teen dating violence in LGBTQ relationships. We will discuss the dynamics of LGBT domestic violence; terms associated with LGBTQ identities and communities, and barriers that LGBT identified individuals often face when trying to obtain services.

# 4<sup>TH</sup> ANNUAL VIOLENCE-FREE TEENS CONFERENCE



## HOTEL

Millennium Biltmore  
506 South Grand Avenue  
Los Angeles, CA 90071  
T: +1 (213) 624 1011

A block of rooms is available at the special rate of \$139/night under "Peace Over Violence."

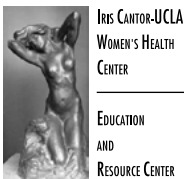
## CONFERENCE LOCATION

Center for Healthy Communities  
1000 N Alameda Street  
Los Angeles, CA 90017

## NEARBY AIRPORTS

LAX Los Angeles  
BUR Burbank

## CO-SPONSORS



This conference is co-sponsored by The Institute on Violence, Abuse and Trauma (IVAT) at Alliant International University. This conference meets the qualifications for up to 10.0 hours of continuing education. IVAT is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. IVAT maintains responsibility for this continuing education program and its content. IVAT is recognized by the National Board of Certified Counselors (NBCC) to offer continuing education for National Certified Counselors (Provider #5659). IVAT adheres to NBCC Continuing Education Guidelines. IVAT is approved by the CA Board of Behavioral Sciences (PCE #33) to offer continuing education for LCSWs and MFTs. CE credits approved by CA agencies are accepted in most states. For more information on continuing education, contact psmith@alliant.edu.



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